

Daily Supplications (FMR) SERIES FOUR

THE VIRTUE OF THIKR

(3.2)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، اللَّهُ أَكْبَرُ كَبِيرًا، وَالْحَمْدُ لِلَّهِ
كَثِيرًا، وَسُبْحَانَ اللَّهِ رَبِّ الْعَالَمِينَ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَزِيزِ
الْحَكِيمِ.

‘There is no god but Allah alone who has no partner; Allah is very great; Abundant praise is due to Allah; Glory be to Allah, the Lord of the universe; There is no might and no power except in Allah, the Mighty, the Wise.’

Seeking Forgiveness and Guidance

3.3

اللَّهُمَّ اغْفِرْ لِي، وَاَرْحَمْنِي، وَاَهْدِنِي، وَعَافِنِي، وَاَرْزُقْنِي.

‘O Allah, forgive me, show mercy to me, guide me, grant me well-being and provide for me.’

Pleased with Allah, His Religion, and His Prophet (*Sallallahu Alayhi wa Sallam*)

رَضِيتُ بِاللَّهِ رَبًّا، وَبِالْإِسْلَامِ دِينًا، وَبِمُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ نَبِيًّا.

3.4

‘I am pleased with Allah as Lord, with Islam as a way of life, and with Muhammad ﷺ as Prophet,’

Calling Allah to Witness

اللَّهُمَّ إِنِّي أَصْبَحْتُ أُشْهِدُكَ، وَأَشْهِدُ حَمَلَةَ عَرْشِكَ، وَمَلَائِكَتَكَ، وَجَمِيعَ خَلْقِكَ بِأَنَّكَ أَنْتَ اللَّهُ لَا إِلَهَ إِلَّا أَنْتَ، وَأَنَّ مُحَمَّدًا عَبْدُكَ وَرَسُولُكَ. 3.5

‘O Allah, I call You to witness, and I call the bearers of Your Throne, Your angels and all Your creatures to witness that You are Allah [and] there is no god except You, and that Muhammad is Your slave and Messenger,’

Seeking Refuge in Allah From Cowardice 3.6

اللَّهُمَّ أَنْتَ خَلَقْتَ نَفْسِي، وَأَنْتَ تَتَوَفَّأَهَا، لَكَ مَمَاتُهَا وَمَحْيَاهَا، إِنْ أَحْيَيْتَهَا فَاحْفَظْهَا، وَإِنْ أَمَتَّهَا فَاعْفِرْ لَهَا، اللَّهُمَّ أَسْأَلُكَ الْعَافِيَةَ.

“O Allah, You created my soul and You will take it, to You belongs its death and its life; if You keep it alive, protect it, but if You give it death, forgive it. O Allah, I ask You for well-being.”

Seeking Refuge in Allah From Anxiety and Sorrow 3.7

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، سُبْحَانَ اللَّهِ، وَلَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ.

‘There is no god but Allah alone without partner; to Him belongs the dominion, to Him praise is due, and He is omnipotent; glory be to Allah; praise be to Allah; there is no god but Allah; Allah is most great; there is no might and no power but through Allah, the Supreme the Mighty,’ then says:

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ، اللَّهُمَّ اسْتَغْفِرُكَ لِذَنْبِي، وَأَسْأَلُكَ رَحْمَتَكَ،
اللَّهُمَّ زِدْنِي عِلْمًا، وَلَا تُزِغْ قَلْبِي بَعْدَ إِذْ هَدَيْتَنِي، وَهَبْ لِي مِنْ لَدُنْكَ
رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ.

There is no god but You. Glory be to You, O Allah, I ask for Your forgiveness of my sin, and I ask for Your mercy. O Allah, increase me in knowledge, and do not cause my heart to swerve after You have guided me. Grant me mercy from Yourself, You are indeed the Ever-giving One.” (Abu Dawud)

Wash My Sins Away

اللَّهُمَّ بَاعِدْ بَيْنِي وَبَيْنَ خَطَايَايَ كَمَا بَاعَدْتَ بَيْنَ الْمَشْرِقِ وَالْمَغْرِبِ،
اللَّهُمَّ نَقِّنِي مِنْ خَطَايَايَ كَمَا يُنْقَى الثَّوْبُ الْأَبْيَضُ مِنَ الدَّنَسِ، اللَّهُمَّ
اغْسِلْنِي مِنْ خَطَايَايَ بِالثَّلْجِ وَالْمَاءِ وَالْبَرَدِ.

O Allah! Put a distance between me and my sins as You have placed a distance between the East and West, and cleanse me of my sins as a white garment is cleansed of dirt. O Allah! Wash off my sins with water, snow and hail.” (Bukhari, Muslim)

Afflicted with Grief

‘Abdullah ibn Mas‘ud رضي الله عنه reported that Allah’s Messenger صلى الله عليه وسلم said: “If anyone is afflicted by much care or grief and says:

4.0

اللَّهُمَّ إِنِّي عَبْدُكَ وَابْنُ عَبْدِكَ وَابْنُ أَمَتِكَ، نَاصِيَتِي بِيَدِكَ، مَاضٍ فِيَّ
حُكْمُكَ، عَدْلٌ فِيَّ قَضَاؤُكَ، أَسْأَلُكَ بِكُلِّ اسْمٍ هُوَ لَكَ سَمَّيْتَ بِهِ
نَفْسَكَ أَوْ أَنْزَلْتَهُ فِي كِتَابِكَ أَوْ عَلَّمْتَهُ أَحَدًا مِنْ خَلْقِكَ، أَوْ اسْتَأْثَرْتَ بِهِ
فِي عِلْمِ الْغَيْبِ عِنْدَكَ، أَنْ تَجْعَلَ الْقُرْآنَ رَبِيعَ قَلْبِي، وَنُورَ صَدْرِي، وَجَلَاءَ
حُزْنِي، وَذَهَابَ هَمِّي.

“O Allah, I am Your slave, the son of Your slave, the son of Your bondmaid; my forelock is in Your hand; Your judgment is effected regarding me; Your decree concerning me is just; I ask You by every name which You have and by which You have named Yourself, or sent down in Your Book, or taught any of Your creatures, or kept to Yourself in the knowledge of the unseen, to make the Qur’an a source of delight to my heart, the light of my breast, and the means of clearing away my care and grief.
