

Daily Supplications (FMR) SERIES THREE

Ayatul Kursi

(2.3)

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ
مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا
بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ
مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ وَلَا
يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ



"Allaahu Laa Ilaaha illa hua al Hay'yul qay'yoom. Laa ta'khuzhoo sinataw (n) walaa Naom. Lahoo Maa fis'samaa-waati wamaa fil- arz. Mandal ladee yash'fa-oo inda-hoo il' la bi iznih. Ya'lamu maa bai-na ayi-deehim wa maa khalfa-hum. Walaa yuhee-toona bi shayim-min- ilmi-hee illaa bima shaa-a. wasi-a 'kursi-yuhus-samaawaati wal arz. Walaa ya-oo-duhoo hif-zu-humaa. Wa Hual-alee-ul Azeem."

Allah - there is no deity except Him, the Ever-Living, the Sustainer of [all] existence. Nether drowsiness overtakes Him nor sleep. To Him belongs whatever is in the heavens and whatever is on the earth. Who is it that can intercede with Him except by His permission? He knows what is [presently] before them and what will be after them, and they encompass not a thing of His knowledge except for what He wills. His Kursi extends over the heavens and the earth, and their preservation tires Him not. And He is the Most High, the Most Great. (2:255)

Seeking Refuge in Allah's Decline of His Favours

2.4

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ وَتَحَوُّلِ عَافِيَتِكَ وَفُجَاءَةِ نِقْمَتِكَ وَجَمِيعِ سَخَطِكَ

'Allahumma inni a'udhu bika min zawali ni'matika, wa tahawwuli
'afiyatika, wa fuja'ati niqmatika, wa jami'i sakhatika.'

'O Allah! I seek refuge in You against the declining of Your Favours,
passing of safety, the suddenness of Your
punishment and all that which displeases You.'

(Muslim, "Dhikr", 96)

Seeking Refuge in Allah From Anxiety and Sorrow 2.5

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ وَأَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ وَأَعُوذُ بِكَ مِنَ الْجُبْنِ
وَالْبُخْلِ وَأَعُوذُ بِكَ مِنَ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

'Allahumma inni a'udhu bika minal hammi wal hazani, wa a'udhu bika minal 'ajzi wal kasali, wa a'udhu bika minal jubni wal bukhli, wa a'udhu bika min ghalabatiddaini wa qahrirrijali.'

'O Allah, I take refuge in You from anxiety and sorrow, weakness and laziness, miserliness and cowardice, the burden of debts and from being overpowered by men.'

(Abu Dawood, "Salat", 367; Also see Bukhari, "At'imah", 28; "Da a'waat", 40; Tirmidhi, "Da a'waat", 70; Nasai, "Istiadha", 7,8,25)

Sayyid al-Istighfaar 2.6

(the Master Supplication for Seeking Forgiveness)

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُوذُ بِكَ
مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ، وَأَبُوءُ بِذُنُوبِي فَاعْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

'O Allaah, You are my Lord, there is nothing which deserves to be worshipped except You; You have created me and I am Your servant; and I am obligated to fulfill Your covenant [i.e. that I made with You] and Your promise [i.e. that I made to you] as much as I can. I seek refuge in You from the evil of what I have done. I acknowledge Your favors upon me, and I acknowledge my sins; so forgive me, for indeed no one forgives sins except You.'

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ
الْحَمْدُ ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذَا الْيَوْمِ وَخَيْرَ مَا بَعْدَهُ ،
وَأَعُوذُ بِكَ مِنْ شَرِّ هَذَا الْيَوْمِ وَشَرِّ مَا بَعْدَهُ ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسُوءِ الْكِبَرِ ،
رَبِّ أَعُوذُ بِكَ مِنْ عَذَابِ فِي النَّارِ وَعَذَابِ فِي الْقَبْرِ

We have reached the morning and at this very time unto Allah belongs all sovereignty, and all praise is for Allah. None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise and He is over all things omnipotent. My Lord, I ask You for the good of this day and the good of what follows it and I take refuge in You from the evil of this day and the evil of what follows it. My Lord, I take refuge in You from laziness and senility. My Lord, I take refuge in You from torment in the Fire and punishment in the grave.

[Saheeh Muslim 4/2088, Silsilah Ahadeeth as-Saheehah, no. 262, 1/525.]

In the evening you say, **amsayna wa amsal mulku lillah...** and you replace 'hatha-alyawmi' with **hathihil-layla**.

Seeking Forgiveness From Sin and Excess

2.8

رَبَّنَا اغْفِرْ لَنَا ذُنُوبَنَا وَإِسْرَافَنَا
فِي أَمْرِنَا وَثَبِّتْ أَقْدَامَنَا وَأَنْصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ ﴿١٤٧﴾

"Our Lord, forgive us our sins and the excess [committed] in our affairs and plant firmly our feet and give us victory over the disbelieving people." (3:147)

Seeking Forgiveness of Sins and Removal of Misdemeanors

2.9

رَبَّنَا إِنَّا سَمِعْنَا مُنَادِيًا يُنَادِي لِلْإِيمَانِ أَنْ آمِنُوا بِرَبِّكُمْ
فَعَامَنَّا رَبَّنَا فَاغْفِرْ لَنَا ذُنُوبَنَا وَكَفِّرْ عَنَّا سَيِّئَاتِنَا
وَتَوَفَّنَا مَعَ الْأَبْرَارِ ﴿١٩٣﴾

Our Lord, indeed we have heard a caller calling to faith, [saying], 'Believe in your Lord,' and we have believed. Our Lord, so forgive us our sins and remove from us our misdeeds and cause us to die with the righteous. (3:193)

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ ، اللَّهُمَّ إِنِّي أَسْأَلُكَ
الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي ، اللَّهُمَّ اسْتُرْ عَوْرَاتِي وَآمِنْ
رُوعَاتِي ، اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ يَدَيَّْ وَمِنْ خَلْفِي وَعَنْ يَمِينِي وَعَنْ
شِمَالِي ، وَمِنْ فَوْقِي ، وَأَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ تَحْتِي

O Allah, I seek Your forgiveness and Your protection in this world and the next.

O Allah, I seek Your forgiveness and Your protection in my religion, in my worldly affairs, in my family and in my wealth. O Allah, conceal my secrets and preserve me from anguish.

O Allah, guard me from what is in front of me and behind me, from my left, and from my right, and from above me. I seek refuge in Your Greatness from being struck down from beneath me. (Sahih Ibn Majah 2/332 and Abu Dawud).

Seeking Refuge In Allah

3.1

اللَّهُمَّ فَاطِرَ السَّمَاوَاتِ وَالْأَرْضِ، عَالِمَ الْغَيْبِ وَالشَّهَادَةِ، لَا إِلَهَ إِلَّا أَنْتَ، رَبَّ كُلِّ شَيْءٍ
وَمَلِيكَهُ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي وَ مِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهِ، وَأَنْ أَقْتَرِفَ عَلَى نَفْسِي سُوءًا أَوْ
أَجْرَهُ إِلَى مُسْلِمٍ

“O Allaah! Creator and Originator of the heavens and the earth! Knower of the hidden and the apparent! None has the right to be worshipped but you. The Lord and Omnipotent Sovereign of everything! I seek Your refuge from the evil of myself, and from the evil of Satan and from the Shirk he calls to; and from committing evil against my soul, or bringing it upon a Muslim.”

*Declared ‘Saheeh’ by Shaikh al-Albaanee in ‘as-Saheehah’ (no. 2763).