## Daily Supplications (FMR) SERIES THREE

## Ayatul Kursi

(2.3)

ٱللَّهُ لَا إِلَهُ إِلَّهُ هُوَ ٱلْحَىُ ٱلْقَيَّوُمُ لَا تَأْخُذُهُ, سِنَةٌ وَلَا نَوْمٌ لَهُ, مَا فِي ٱلسَّمَوَتِ وَمَافِي ٱلْأَرْضِ مَن ذَا ٱلَّذِي يَشْفَعُ عِندُهُ وَإِلَّا بِإِذْنِهِ ۖ يَعْلَمُ مَا بَيْنَ أَيَدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَىءٍ مِنْ عِلْمِهِ آلَا بِمَا شَاءَ أَوْسِعَ كُرُسِيُّهُ ٱلسَّمَوَتِ وَٱلْأَرْضَ وَلَا يَوُدُهُ, حِفْظُهُما وَهُوَ ٱلْعَلِيُ ٱلْعَظِيمُ ()

"Allaahu Laa Ilaaha illa hua al Hay'yul qay'yoom. Laa ta'khuzuhoo sinataw (n) walaa Naom. Lahoo Maa fis'samaa-waati wamaa fil- arz. Mandal ladee yash'fa-oo inda-hoo il'la bi iznih. Ya'lamu maa bai-na ayi-deehim wa maa khalfa-hum. Walaa yuhee-toona bi shayim-min- ilmihee illaa bimaa shaa-a. wasi-a' kursi-yuhus-samaawaati wal arz. Walaa ya-oo-duhoo hif-zuhumaa. Wa Hual-alee-ul Azeem."

Allah - there is no deity except Him, the Ever-Living, the Sustainer of [all] existence. Nether drowsiness overtakes Him nor sleep. To Him belongs whatever is in the heavens and whatever is on the earth. Who is it that can intercede with Him except by His permission? He knows what is [presently] before them and what will be after them, and they encompass not a thing of His knowledge except for what He wills. His Kursi extends over the heavens and the earth, and their preservation tires Him not. And He is the Most High, the Most Great. (2:255

2.4 Seeking Refuge in Allah's Decline of His Favors
 2.4 اللهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ وَتَحَوَّلُ عَافِيَتِكَ وَفُجَاءَةِ نِقْمَتِكَ وَجَمِيعِ سَخَطِكَ
 'Allahumma inni a'udhu bika min zawali ni'matika, wa tahawwuli 'afiyatika, wa fuja'ati niqmatika, wa jami'i sakhatika.'
 'O Allah! I seek refuge in You against the declining of Your Favours, passing of safety, the suddenness of Your punishment and all that which displeases You.' (Muslim, "Dhikr", 96)

## Seeking Refuge in Allah From Anxiety and Sorrow 2.5

ٱللَّٰهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَبِّ وَالْحَرَٰنِ وَأَعُودُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ وَأَعُودُ بِكَ مِنَ الْجُبْنِ وَالْبُخْلِ وَأَعُودُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

1

'Allahumma inni a'udhu bika minal hammi wal hazani, wa a'udhu bika minal 'ajzi wal kasali, wa a'udhu bika minal jubni wal bukhli, wa a'udhu bika min ghalabatiddaini wa qahrirrijali.'

'O Allah, I take refuge in You from anxiety and sorrow, weakness and laziness, miserliness and cowardice, the burden of debts and from being overpowered by men.' (Abu Dawood, "Salat", 367; Also see Bukhari, "At'imah", 28; "Da a'waat", 40; Tirmidhi, "Da a'waat", 70; Nasai, "Istiadha", 7,8,25)

## Sayyid al-Istighfaar (the Master Supplication for Seeking Forgiveness)

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ، وَأَبُوءُ بِذَنْبِي فَاغْفِر لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

'O Allaah, You are my Lord, there is nothing which deserves to be worshipped except You; You have created me and I am Your servant; and I am obligated to fulfill Your covenant [i.e. that I made with You] and Your promise [i.e. that I made to you] as much as I can. I seek refuge in You from the evil of what I have done. I acknowledge Your favors upon me, and I acknowledge my sins; so forgive me, for indeed no one forgives sins except You.'

2.6

Supplications for Seeking Before Day and Night

2.7

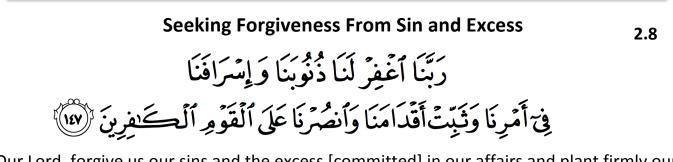
2.9

أَصَٰبَحُنا وَأَصُبَحَ المَلْكُ للهُ والحَمدُ للهُ ، لا إله إلاّ اللهُ وَحَدَهُ لا سُرَيكَ لَهُ، لَهُ المَلكُ ول الحَمُد، وهُوَ على كلّ شيءٍ قدير ، ربّ أسْأَلْكَ حَيرَ ما في هذا اليوم وخَير ما بَعْدَه ، وأعودُ بِكَ مِنْ سُرَ هذا اليوم وَسَرَ ما بَعُدَه، رَبّ أعودُبِكَ مِنْ الْكَسَل وسوء الْكِبَر ، رَبَّ أعودُبِكَ مِنْ عَذَابٍ في التَّبَر

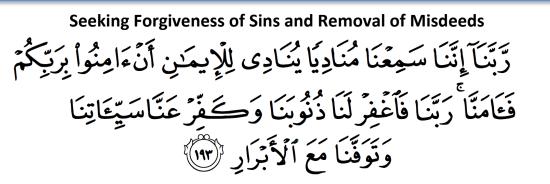
We have reached the morning and at this very time unto Allah belongs all sovereignty, and all praise is for Allah. None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise and He is over all things omnipotent. My Lord, I ask You for the good of this day and the good of what follows it and I take refuge in You from the evil of this day and the evil of what follows it. My Lord, I take refuge in You from laziness and senility. My Lord, I take refuge in You from torment in the Fire and punishment in the grave.

[Saheeh Muslim 4/2088, Silsilah Ahadeeth as-Saheehah, no. 262, 1/525.]

In the evening you say, amsayna wa amsal mulku lillah... and you replace 'hathaalyawmi' with hathihil-layla.



"Our Lord, forgive us our sins and the excess [committed] in our affairs and plant firmly our feet and give us victory over the disbelieving people." (3:147)



Our Lord, indeed we have heard a caller calling to faith, [saying], 'Believe in your Lord,' and we have believed. Our Lord, so forgive us our sins and remove from us our misdeeds and cause us to die with the righteous. (3:193)

3.0 **Seeking Protection in Religious and Worldly Affairs** اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيةَ فِي الدُّنْيَا وَالْآخِرَةِ ، اللَّهُمَّ إِنِّي أَسْأَلُكَ العَفْوَ وَالعافِيةَ فِي دِينِي وَدُنْيايَ وَأَهْلِي وَمالِي ، اللَّهُمَّ اسْتُرْ عَوْراتِي وَآمِنْ رَوْعاتِي ، اللَّهُمَّ احْفَظْنِي مِن بَينِ يَدَيَّ وَمِن خَلْفي وَعَن يَمِيني وَعَن شِمالى ، وَمِن فَوْقى ، وَأَعوذُ بِعَظَمَتِكَ أَن أُغْتالَ مِن تَحْتى

O Allah, I seek Your forgiveness and Your protection in this world and the next.
O Allah, I seek Your forgiveness and Your protection in my religion, in my worldly affairs, in my family and in my wealth. O Allah, conceal my secrets and preserve me from anguish.
O Allah, guard me from what is in front of me and behind me, from my left, and from my right, and from above me. I seek refuge in Your Greatness from being struck down from beneath me.
(Sahih Ibn Majah 2/332 and Abu Dawud).

3.1 اللَّهُمَّ فَاطِرَ السَّمَاوَتِ وَالأَرْضِ، عَالِمَ الْغَيْبِ وَالشَّهَادَةِ، لاَ إِلَهَ إِلاَّ أَنْتَ، رَبَّ كُلِّ شَيْء وَمَلِيْكَهُ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي وَ مِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهِ، وَأَنْ أَقْتَرِفَ عَلَى نَفْسِي سُوءًا أَوْ أَجُرَّهُ إِلَى مُسْلِمِ

"O Allaah! Creator and Originator of the heavens and the earth! Knower of the hidden and the apparent! None has the right to be worshipped but you. The Lord and Omnipotent Sovereign of everything! I seek Your refuge from the evil of myself, and from the evil of Satan and from the <u>Sh</u>irk he calls to; and from committing evil against my soul, or bringing it upon a Muslim."

\*Declared '<u>Saheeh</u>' by <u>Shaikh</u> al-Albaanee in 'as-<u>Saheeh</u>ah' (no. 2763).